

2019 subaru ascent owners manual

2019 subaru ascent owners manual serves as an indispensable resource for owners and operators of the Subaru Ascent model released in 2019. This comprehensive guide provides detailed information on vehicle operation, maintenance schedules, safety features, and troubleshooting tips to ensure optimal performance and longevity. Understanding the contents of the manual helps owners maximize the utility of their vehicle while adhering to recommended service procedures. The manual also offers insights into advanced technology integrations, such as the infotainment system and driver-assist features unique to the 2019 Subaru Ascent model. This article explores the key sections of the 2019 Subaru Ascent owners manual, including vehicle specifications, maintenance guidelines, safety systems, and user controls. Readers will gain a thorough understanding of how to navigate the manual and utilize it effectively to maintain their vehicle in peak condition. Following the introduction, a table of contents outlines the main topics covered in this article for ease of reference.

- Vehicle Overview and Specifications
- Maintenance and Service Information
- Safety Features and Driver Assistance
- Operating Controls and Infotainment System
- Troubleshooting and Emergency Procedures

Vehicle Overview and Specifications

The 2019 Subaru Ascent owners manual begins with a detailed vehicle overview and technical specifications section. This part of the manual offers essential information about the vehicle's design, engine, dimensions, and performance capabilities. Understanding these specifications is crucial for proper vehicle operation and maintenance.

Engine and Performance Details

The manual specifies the 2.4-liter turbocharged Boxer engine powering the 2019 Subaru Ascent, highlighting its horsepower, torque, and fuel efficiency ratings. It provides guidance on recommended fuel types and oil specifications to maintain engine health and efficiency. Performance characteristics such as towing capacity and drivetrain configuration are also detailed to inform owners of the vehicle's capabilities.

Dimensions and Capacity

Dimensions including length, width, height, and ground clearance are listed to assist with parking and driving considerations. The manual details seating capacity, cargo space, and maximum payload to help owners optimize the use of interior and storage areas. Tire specifications and recommended pressures are also included to ensure safety and ride comfort.

Exterior and Interior Features

The manual describes standard and optional exterior features such as lighting systems, mirrors, and roof rails. Interior amenities including seating materials, climate control systems, and storage compartments are explained. This section helps owners familiarize themselves with their vehicle's equipment and available customizations.

Maintenance and Service Information

A critical section of the 2019 Subaru Ascent owners manual covers maintenance schedules and service requirements. Following these guidelines ensures the vehicle operates safely and reliably over time while protecting its resale value.

Routine Maintenance Schedule

The manual provides a comprehensive maintenance schedule outlining intervals for oil changes, tire rotations, brake inspections, and fluid replacements. It emphasizes adherence to manufacturer-recommended service intervals to prevent premature wear and mechanical issues.

Fluid Types and Capacities

Specific types and quantities of engine oil, coolant, transmission fluid, and brake fluid are listed to assist owners during routine checks and fluid top-ups. Using the correct fluids is vital for maintaining system integrity and performance.

Maintenance Tips and Precautions

Practical advice on checking tire pressure, inspecting belts and hoses, and monitoring warning lights is included to promote proactive vehicle care. The manual also highlights safety precautions to take when performing maintenance tasks to avoid injury or damage.

- Change engine oil every 6,000 miles or 6 months, whichever comes first
- Rotate tires every 7,500 miles
- Inspect brake pads and discs every 15,000 miles

- Replace air filter every 30,000 miles
- Check coolant levels regularly and replace every 60,000 miles

Safety Features and Driver Assistance

Safety is a paramount concern addressed thoroughly in the 2019 Subaru Ascent owners manual. The vehicle incorporates advanced safety technologies to protect occupants and enhance driving confidence.

Airbag and Restraint Systems

The manual explains the locations and functions of airbags, seat belts, and child restraint anchors. It provides instructions on proper seat belt use and child seat installation to ensure maximum protection.

EyeSight® Driver Assist Technology

One of the key safety features outlined in the manual is Subaru's EyeSight® system, which includes adaptive cruise control, lane departure warning, and pre-collision braking. Detailed operational instructions and limitations of the system are provided to help drivers utilize these technologies effectively.

Additional Safety Features

Other safety components covered include the Vehicle Dynamics Control system, anti-lock braking system (ABS), and rearview camera operation. The manual advises on how these features function in various driving conditions and how to respond to safety alerts.

Operating Controls and Infotainment System

The 2019 Subaru Ascent owners manual offers extensive guidance on the vehicle's operating controls and infotainment system to ensure a comfortable and connected driving experience.

Dashboard and Instrument Panel

The manual describes the layout and functions of gauges, warning lights, and indicator symbols found on the instrument cluster. Understanding these elements helps drivers monitor vehicle status and respond to alerts promptly.

Climate Control and Seating Adjustments

Instructions for using the automatic climate control system, including temperature settings and air distribution, are detailed. The manual also covers seat adjustment mechanisms for driver and passenger comfort, including power seat controls when equipped.

Infotainment System Features

The manual explains the operation of the multimedia touchscreen, Bluetooth connectivity, smartphone integration via Apple CarPlay and Android Auto, and audio system controls. Step-by-step instructions facilitate seamless use of navigation, phone, and entertainment functions.

Troubleshooting and Emergency Procedures

The final section of the 2019 Subaru Ascent owners manual focuses on troubleshooting common issues and outlines emergency procedures to assist owners in unexpected situations.

Warning Lights and Indicators

The manual provides a detailed guide to interpreting warning lights and messages on the dashboard. It includes recommended actions for various alerts, ranging from minor notifications to critical warnings requiring immediate attention.

Jump Starting and Battery Care

Instructions for safely jump-starting the vehicle and maintaining the battery are provided, including precautions to prevent damage or injury. The manual specifies correct jumper cable connections and recommended battery specifications.

Emergency Towing and Flat Tire Replacement

The manual outlines procedures for towing the vehicle in case of breakdowns, including restrictions and precautions to avoid damage. It also provides step-by-step guidance on changing a flat tire using the spare, jack, and tools supplied with the vehicle.

Frequently Asked Questions

Where can I find the 2019 Subaru Ascent owner's manual online?

You can find the 2019 Subaru Ascent owner's manual on the official Subaru website under the

'Owners' section or by visiting Subaru's owner resources page.

What are the key maintenance schedules listed in the 2019 Subaru Ascent owner's manual?

The 2019 Subaru Ascent owner's manual outlines maintenance schedules including oil changes every 6,000 miles or 6 months, tire rotations every 7,500 miles, brake inspections, and other routine checks to keep the vehicle in optimal condition.

How do I reset the maintenance light on my 2019 Subaru Ascent as per the owner's manual?

According to the owner's manual, to reset the maintenance light on the 2019 Subaru Ascent, turn the ignition to the 'ON' position without starting the engine, press the trip meter reset button until the maintenance light blinks and goes off.

Does the 2019 Subaru Ascent owner's manual provide instructions for using the EyeSight Driver Assist system?

Yes, the owner's manual provides detailed instructions on how to operate and adjust the EyeSight Driver Assist system, including adaptive cruise control, lane keep assist, and pre-collision braking.

What should I do if my 2019 Subaru Ascent owner's manual is lost or damaged?

If your owner's manual is lost or damaged, you can download a free PDF version from Subaru's official website or contact a Subaru dealership to obtain a replacement manual.

Additional Resources

1. 2019 Subaru Ascent Owner's Manual: Complete Guide

This comprehensive manual provides detailed instructions on the operation, maintenance, and features of the 2019 Subaru Ascent. It covers everything from dashboard controls and safety systems to troubleshooting common issues. Perfect for new owners looking to get the most out of their vehicle.

2. Subaru Ascent Maintenance and Repair Handbook

A practical guide for DIY enthusiasts, this book breaks down routine maintenance and common repairs for the Subaru Ascent. It includes step-by-step procedures, tool recommendations, and tips to keep your 2019 model running smoothly. Ideal for owners who want to save money on service costs and understand their vehicle better.

3. The Complete Subaru Ascent 2019 Owner's Companion

This companion book supplements the official owner's manual with simplified explanations and illustrative diagrams. It helps owners quickly grasp the features and functions of their Subaru Ascent. The book also offers advice on optimizing performance and enhancing safety.

4. *Subaru Ascent 2019: Troubleshooting and Diagnostics*

Focused on diagnosing and fixing common problems, this guide helps owners identify warning signs and error codes in their 2019 Subaru Ascent. It includes tips for interpreting dashboard alerts and performing basic fixes before seeking professional help. A valuable resource for proactive vehicle care.

5. *Understanding Subaru Ascent Technology: 2019 Edition*

This book delves into the advanced technologies integrated into the 2019 Subaru Ascent, such as EyeSight Driver Assist and infotainment systems. It offers clear explanations of how these features work and how to use them effectively. A must-have for tech-savvy owners wanting to maximize their driving experience.

6. *Subaru Ascent 2019 Safety and Security Features Guide*

Dedicated to exploring the safety and security systems of the Subaru Ascent, this book highlights features like airbags, braking systems, and anti-theft devices. It explains how to activate and maintain these systems to ensure passenger protection. An essential read for family-oriented drivers.

7. *Off-Road and Adventure Driving with the 2019 Subaru Ascent*

Designed for outdoor enthusiasts, this book covers techniques and tips for taking the Subaru Ascent off-road safely. It addresses vehicle capabilities, terrain handling, and preparation for adventures. The guide also includes maintenance advice for rugged driving conditions.

8. *Subaru Ascent 2019 Fuel Efficiency and Eco-Driving Tips*

This environmentally focused book offers strategies for improving fuel economy and reducing emissions with the 2019 Subaru Ascent. It discusses driving habits, vehicle settings, and maintenance practices that contribute to greener driving. Great for owners looking to save on fuel costs and minimize their carbon footprint.

9. *Customizing Your 2019 Subaru Ascent: Accessories and Enhancements*

A guide for owners interested in personalizing their Subaru Ascent, this book explores available accessories, upgrades, and aesthetic modifications. It covers installation tips and compatibility considerations to ensure safe and effective customization. Perfect for those wanting to make their vehicle uniquely theirs.

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